EDUCATIONAL SERVICE DISTRICT 112

Professional Development Academy

CHILD CARE AWARE OF SOUTHWEST WASHINGTON

COURSE CATALOG

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ChildCare Aware®
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Professional Development Academy

PROFESSIONAL DEVELOPMENT ACADEMY
Quality trainings to meet your STARS requirements!

EDUCATIONAL SERVICE DISTRICT 112
Conference & Institute Center
2500 NE 65th Ave Vancouver, WA 98661

Welcome to CCA's Training Course Catalog for Southwest Washington!

Our team of regional trainers has written and developed a comprehensive menu of courses to be offered on-site or virtually to a full program or group of providers. We hope you'll find these trainings helpful and interesting. Whether you're looking to pick up new skills, fulfill professional STARS hours requirements, or simply explore topics that your program is curious about, we've got you covered. All of our courses are designed to encourage reflection, enhance your professional skills, broaden your knowledge base, and equip you with the necessary resources and tools needed to continue growing in your professional journey.

We invite you to reflect on your program's areas of interest and rising challenges. Then, take a look through our course list to see if there is a topic that might meet your need. All of these trainings can be further customized to address the specific needs of your program or group. Total hours, dates, times, and delivery format are all flexible and dependent on the needs. We will tailor the course to you! All courses are eligible for STARS and clock hours.

FEE STRUCTURE FOR CCA SW CUSTOMIZED GROUP TRAININGS

Online Trainings	In-Person Trainings
1-15 people: $100 per hour	1-15 people: $125 per hour
16-30 people: $125 per hour	16-30 people: $150 per hour
31-45 people: $150 per hour	31-45 people: $175 per hour
46-60 people: $200 per hour	46-60 people: $250 per hour
61+ people: $250 per hour	61+ people: $325 per hour

Prices listed are for single trainer and do not include travel expenses. Rates are subject to change if travel expenses are required or if course requires multiple trainers.

REQUEST GROUP TRAININGS

**Email ece@esd112.org or call 360-952-3466
to learn more or to request a training session
for your program or provider group.**

In need of training for an individual? Our publicly available courses for individual registration are always available for registration on our website: www.esd112.org/ece/professional-development

Thank you for considering CCA SW for your professional learning needs.
We're here to support you on your learning journey and hope to partner with you.

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LEADERSHIP

SOCIAL EMOTIONAL LEARNING (SEL) AND POSITIVE BEHAVIOR SUPPORT

INTRODUCTION TO BEST PRACTICES: LANGUAGE AND LITERACY

This session will introduce best practices for engaging in rich interactions to promote language and literacy development. We will explore what research says about how children learn, what adults can do to prepare the environment for success, and how adult-child interactions can complement children's learning without interrupting it.

INTRODUCTION TO BEST PRACTICES: MATH AND SCIENCE

This session will introduce best practices for engaging math and science learning in early childhood settings. Participants will explore what the research says about early math and science experiences, and how enriching materials and quality adult-child interactions can support math and science development throughout the day. This can ensure that children will gain the foundational skills and dispositions that will support their future success.

INTRODUCTION TO BEST PRACTICES: INTERACTIONS

This session will introduce best practices for teachers interacting with children individually, in groups, and among their peers. We will look at interactions that promote self-regulation and provide proactive tips to use every day. Interacting with the children outside, both verbally and playing alongside them, we will come away with ideas on how to get the most out of gross motor time.

SERIE DE MEJORES PRÁCTICAS: INTERACCIONES

Esta sesión presentará las mejores prácticas para los que interactúan con los niños individualmente, en grupos y entre sus compañeros. Analizaremos las interacciones que promueven la autorregulación y proporcionaremos consejos proactivos para usar todos los días.

INTRODUCTION TO BEST PRACTICES: LEARNING ACTIVITIES

This session will introduce best practices for maximizing children's use of blocks, fine motor, dramatic play, music, and art materials. Come explore what research says about how children learn, what adults can do to prepare these specific play areas, and how adult-child interactions can complement children's learning without interrupting it.

SERIE DE MEJORES PRÁCTICAS: ACTIVIDADES DE APRENDIZAJE 🔤

Esta sesión presentará las mejores prácticas para maximizar el uso de bloques, motricidad fina, juegos dramáticos, música y materiales de arte por parte de los niños. Venga a explorar lo que dicen las investigaciones sobre cómo aprenden los niños, qué pueden hacer los adultos para preparar estas áreas de juego específicas y cómo las interacciones entre adultos y niños pueden complementar el aprendizaje de los niños sin interrumpirlo.

INTRODUCTION TO BEST PRACTICES: ROUTINES AND TRANSITIONS

In this session, participants will identify and apply knowledge of best practices around routines and transitions. Transitioning from one activity to another can be challenging for children and adults, while routine activities can seem drab or boring. Engaging children in meaningful interactions can enhance child learning, decrease challenging behaviors, and improve the productivity of early learning settings. Come and explore how you can engage in powerful interactions during routines and transitions.

SERIE DE MEJORES PRÁCTICAS: RUTINAS Y TRANSICIONES 🔤

La transición de una actividad a otra puede ser un desafío para niños y adultos, mientras que las actividades rutinarias pueden aburridas. Involucrar a los niños en interacciones significativas puede mejorar el aprendizaje de los niños, disminuir los comportamientos desafiantes y mejorar la productividad de los entornos de aprendizaje temprano. Ven y explora cómo puedes participar en interacciones poderosas durante las rutinas y transiciones.

DESIGNING FOR PLAY: CREATING INTENTIONAL LEARNING ENVIRONMENTS

In this training, early educators will explore how to design an intentional and supportive learning environment for purposeful play-based learning.

DUAL LANGUAGE LEARNERS: A TRAINING FOR EARLY LEARNING PROFESSIONALS

In this training, participants will develop a shared understanding of the importance of culture in the acquisition of language, the benefits of learning more than one language, and the best practices that support language development for all children. The aim of this training is to equip either bilingual or monolingual providers, teachers, early learning providers, coaches, and mentors with the tools to best support dual language learners (DLL). There is no expectation that individuals participating in this training are bilingual.

ESTUDIANTES/NIÑOS: APRENDIZAJE EN DOS IDIOMAS

En este entrenamiento, los participantes desarrollarán una comprensión de la importancia de la cultura en la adquisición del lenguaje, los beneficios de aprender más de un idioma y las mejores prácticas que apoyan el desarrollo de los lenguajes para todos los niños. El objetivo de este entrenamiento es equipar a proveedores, maestros, proveedores de educación temprana, entrenadores y mentores, ya sean bilingües o monolingües, con las herramientas necesarias para apoyar de la mejor manera posible a los aprendices de lenguajes duales (DLL). Esta capacitación será facilitada en español.

MAKING MATH AND SCIENCE FUN WITH INFANTS AND TODDLERS 😊

In this training, teachers of infants and toddlers will learn fun ways to integrate math concepts into their daily routines.

MAKING LANGUAGE AND LITERACY FUN WITH INFANTS AND TODDLERS 😊

In this training, teachers of infants and toddlers will learn fun ways to integrate literacy concepts into their daily routines.

MAKING LEARNING VISIBLE: OBSERVATION, DOCUMENTATION & ASSESSMENT

When we document children's learning, we open up a world of understanding and show how much we value what children are capable of. In this class, learn new techniques for observing, documenting and assessing children in a natural, play-based way.

NURTURING CREATIVITY: EMBRACING CHILD-LED ART AND CELEBRATING THE PROCESS

Is your goal to encourage children's creativity through developmentally appropriate art experiences? Join us for a hands-on class that explores the importance of child-led, process art experiences over the standard arts and crafts activities of yesteryear.

PLANNING FOR PLAY: LESSON PLANNING IN PLAY-BASED LEARNING

Play is the best way for any human to learn, but how can we offer rich and meaningful play for children while balancing the expectations of leadership and families? Join us to explore strategies for true play-based learning that sets the foundation for all future learning.

THE POWER OF PLAY: WHY KIDS LEARN BEST THROUGH PLAY

In this training, teachers and caregivers will learn about the importance of play and how and why children learn best through long periods of uninterrupted play. Come learn the best way to prepare children for school: by providing lots of opportunities to PLAY!

TRANSITIONS IN PRESCHOOL & PRE K ENVIRONMENTS

This training focuses on the multiple aspects involved and occurring in transitions that take place in Preschool and Pre-K environments. Information includes the multiple transitions and changes that take place in a child's life (outside of learning environment) including developmental, within family life; changes and transitions that occur on a yearly basis (learning environment changes, etc.), and within a child's individual day. Additionally, we will look at transitions as they apply to individual children and groups of children. Also considered, how various transitions may affect adults within early learning environments. Training will offer information around all issues, as well as offer suggestions for making transitions smoother for participants.

WHAT DO RECYCLING, DEAD BIRDS, WEAVING, AND SPIDERWEBS HAVE TO DO WITH MY CLASSROOM?

STEM curriculum can be daunting for early learning teachers - this training covers the basics entailed in the STEM acronym. The training also brings out how much from the STEM curriculum happens regularly in early learning settings (both indoors and outdoors). We will look at inviting activities, how observation can guide our work, interacting with children to enhance curriculum, and ways to support what programs are already doing around STEM.

COURAGEOUS LEADERSHIP IN EARLY CHILDHOOD EDUCATION: TAKING A STAND FOR SOCIAL JUSTICE

This training will use Courageous Leadership in Early Childhood Education: Taking a Stand for Social Justice, Souto-Manning, M., Vasquez, V. (Eds.) as the main book. In this series, participants will read, share, and discuss insights gained through selected readings with fellow participants and the state approved trainer. This text focuses on stories from various "early childhood leaders who take action to challenge and change inequitable educational practices in preschools and elementary school." Both discussion and reflection periods will allow participants to analyze and or compare their own beliefs and practices with ideas brought up by authors and editors. This training is a multi-session offering.

FILM STUDY - REFLECTING ON ANTI-BIAS EDUCATION IN ACTION: THE EARLY YEARS

This training series explores anti-bias education with the film, Reflecting on Anti-Bias Education in Action: The Early Years (2021, LeeKeenan, D., & Nimmo, J., McKinney, F.) as its foundation. Anti-Bias Education builds on the strengths and knowledge children and families bring to school, encouraging teachers to observe carefully, think critically, and reflect deeply in their programs. The film is organized by the 4 interconnected goals of anti-bias education: Identity, Diversity, Justice, and Action. These goals build on each other and are relevant to all children and adults. Each session includes viewing a selected section of the film; definition and discussion of the anti-bias education goals; reflection questions and discussion. We also review the recent NAEYC Advancing Equity Position statement, offer resources for program use, FAQs from the film study guide and participant questions around putting this work into practice in their own programs.

GENDER AND SEXUALITY: HOW TO CREATE INCLUSIVE EARLY LEARNING ENVIRONMENTS

This training focuses on how to create inclusive early learning environments for students, families, and providers who are part of the LGBTQ+ community. We will discuss how you can create inclusive environments by establishing specific ways to incorporate inclusive practices, learn the vocabulary used for diverse identities, and to reflect on your role and experiences with this population.

MIRRORS, WINDOWS, AND SLIDING GLASS DOORS: CHOOSING MULTICULTURAL BOOKS FOR KIDS

How do you know that the books you're choosing for your students will allow them to see themselves and others represented in positive and powerful ways? Join us as we explore the best tips and tricks for selecting quality children's books for your classroom library!

SUPPORTING NEURODIVERGENT CHILDREN IN EARLY LEARNING SETTINGS

This class is designed to equip early educators with the knowledge and skills needed to create inclusive and supportive environments for children who are neurodivergent, including those on the autism spectrum, those with attention deficit hyperactivity disorder (ADHD), sensory processing differences, and more. This course aims to provide educators with insights, strategies, and resources to effectively meet the unique needs of these children and promote their holistic development.

Leadership

BUSINESS OF CHILD CARE 🏅

The Business of Child Care is a comprehensive business training that provides participants with crucial business elements necessary to run successful child care programs. This program will help strengthen your business and help you plan for lending opportunities, quality initiatives, facility improvements, social media marketing, financial health, and program effectiveness. This training can help you turn your business dreams into reality.

CUSTOMER SERVICE THROUGH A CHILD CARE LENS 🏅

As consumers, we base our purchasing decisions, at least in part, on the customer service we receive from businesses. The same is true for parents who are in the market for child care. Each child care provider, in every classroom, is in the customer service business and that service can make or break the child care. Let's discuss what good service looks and sounds like!

DIRECTORS COHORT 🏅

Join your colleagues in an established professional community of learners. This group was established in 2016 with leadership material from McCormick Center for Early Childhood. Currently our work is guided by member interests and experience, providing opportunities for networking, mentoring, and reflection. Session topics include ongoing issues in our field (local/national), program needs, state mandates, needs of staffing, working with parents and children. The group meets 6 months out of the year, typically October through April.

EMERGENCY PREPAREDNESS FOR CHILD CARE PROGRAMS

Are you prepared to ensure you and your program are prepared to respond and recover from emergencies? Learn how to recognize emergency standards and how to incorporate them into an emergency plan. Identify and discuss how emergencies may affect your program and understand the emotional needs of children in your care and the caregivers you work alongside. Lastly, leave with resources to support your program, your children and families and your caregivers.

FAMILY FRIENDLY POLICIES

What should you do when families won't follow your policies? What about those parents who always want you to make exceptions for them? This session is all about finding the balance between enforcing rules and building relationships. Expect lots of discussion with your colleagues.

MARKETING AND ADVERTISING IN AN EARLY LEARNING PROGRAM

This training will provide effective planning and development of advertising and marketing strategies. We will explore the power of social media platforms and current social media trends. Child care leadership and owner/operators will have an opportunity to create an effective marketing plan designed to meet their competitors head-on, increase and sustain a viable business, and attract new families. This plan will be their strategy for selling their services and a reflection of the commitment they have made to meeting the needs of families and children.

MOTIVATE, INSPIRE AND LEAD

Motivate, Inspire and Lead will explore leadership motivation and inspiration for the work. It will help early learning leaders distinguish who they are as a leader, understand the strategies of appreciative leadership, explore the secrets of great teamwork, and learn ways to cultivate a team of collaboration.

SELF-CARE FOR CAREGIVERS

Early childhood educators recognize the importance of self-care in providing a nurturing and effective education for our learners. Lack of adult self-care not only impacts the individual, but all those within their sphere of influence. This workshop sets out to show that self-care is more than simply a "nice to have" component in busy teaching lives, and offers an opportunity for participants to reflect on their current self-care habits to find areas of strength as well as areas for possible growth.

FLIP IT!®

FLIP IT!® training is a four-step supportive strategy to help young children learn about their feelings, gain self-control, and reduce challenging behavior. This training takes providers through the 4 steps: Feelings, Limits, Inquires and Prompts including information about the importance of each step and multiple practice scenarios for each step. Flip It!® teaches adults how to respond positively to everyday challenges and challenging behaviors in children ages 3 to 8.

INTRO TO POSITIVE BEHAVIOR SUPPORTS

In this training, participants will cover the basics of guiding behaviors in the early learning classroom. We will discuss setting up the environment for success, setting developmentally appropriate expectations, de-escalation techniques for those difficult moments, and engaging in the kinds of nurturing interactions that help children build social-emotional and self-regulation skills.

"IT'S MY BODY" CONSENT IN EARLY CHILDHOOD EDUCATION

The emphasis of this training will be to develop awareness of consent and its importance during childhood. We will determine developmentally appropriate practices to teach children about consent, bodily autonomy, and ways to incorporate that into already established routines. We will talk about challenges and practical tips for utilizing consent in early childhood educational settings.

MEANINGFUL INTERACTIONS WITH INFANTS AND TODDLERS

The first few years of a child's life are the most important for building connections and fostering development. In this training, we will discuss techniques for interacting with infants and toddlers to give them the best possible start.

NAVIGATING CHALLENGING BEHAVIORS: CREATING BEHAVIOR PLANS IN EARLY LEARNING

In this two hour training, participants will learn how to define and recognize challenging behavior and how to respond and intervene as well as how to use observation to create classroom behavior plans. Participants can take this class on its own, but it is suggested to take "Guiding Behaviors in Early Learning" prior. This training is suggested for teachers with students who have not yet entered kindergarten, though K-3 teachers may take for clock hours when paired with Part One: Guiding Behaviors.

POSITIVE BEHAVIOR SUPPORT FOR INFANTS AND TODDLERS

In this two hour training, infant and toddler caregivers will learn about developmentally appropriate expectations as well as strategies for guiding behavior in infants and toddlers.

SOCIAL AND EMOTIONAL LEARNING: THE MOST IMPORTANT SKILLS FOR SCHOOL READINESS

In this training, participants will learn about the importance of social-emotional learning in creating a strong foundation for school readiness. Learn how to help kids become resilient, kind, community-oriented people ready to take on school and all of its challenges.

TRAUMA INFORMED CARE MODULES - ADVANCED

A trauma informed approach involves realizing the wide prevalence of trauma; recognizing how trauma affects individuals, families, generations, and communities; and responding by putting this knowledge into practice. Informing ourselves about trauma and its effects requires study and self-reflection. It can be a challenging, and painful process. It can also be inspirational and liberating. Over time, developing a trauma informed perspective can change the way we think about ourselves and our lives and help us feel greater compassion for ourselves and others. The Trauma Informed Care modules prepare participants to adopt a trauma informed perspective in their own lives and in their work with children and families.

WAPM IMPLEMENTING INCLUSIVE + EQUITABLE PYRAMID MODEL PRACTICES 1 + 2 (B-3)

This training reviews strategies for building relationships and collaborating with families of infants and toddlers. Participants will understand and apply social emotional learning practices in their work with infants and toddlers; and reflect on their own implicit biases while working to create anti-biased, anti-racist, and trauma-informed programs supporting infants and toddlers and their families.

WAPM PRÁCTICAS INCLUSIVAS/EQUITATIVAS EN EL MODELO DE LA PIRÁMIDE (B-3) 🇪🇸

Al finalizar esta capacitación, los participantes comprenderán y tendrán la capacidad de aplicar estrategias para desarrollar lazos interpersonales y colaborar con las familias de los bebés y niños pequeños; comprender y aplicar prácticas de aprendizaje socioemocional en su trabajo con los bebés y niños pequeños; y reflexionar acerca de sus propios pre-conceptos implícitos y sesgos al tiempo que trabaja en crear programas de aprendizaje que sea inclusivos (sin distinción de raza o color de la piel) y que incorporen Cuidados informados por el trauma para apoyar así a los bebés y niños pequeños y sus familias.

WAPM IMPLEMENTING INCLUSIVE + EQUITABLE PYRAMID MODEL PRACTICES: 1 + 2 (PRE-K)

After taking this training, participants will be able to discuss and plan for developing meaningful, culturally responsive relationships with children and families; engage in reflective practice, examine implicit bias and learn strategies for collaborating as a team; and identify and plan for strategies that support all children (including children with disabilities, children who have experienced trauma, and children who are multi-language learners) within high-quality early childhood environments (environmental design, Universal Design for Learning, representation of all children, families and communities).

WAPM PRÁCTICAS INCLUSIVAS Y EQUITATIVAS DEL MODELO DE LA PIRÁMIDE (PRE-K)

La capacitación, Implementando prácticas inclusivas y equitativas del Modelo de la Pirámide, está diseñado para enseñarles a proveedores a implementar las estrategias del Marco del Modelo de la Pirámide con niños y niñas en edad preescolar. Los participantes tendrán muchas oportunidades de reflexionar sobre sus prejuicios y valores. Además, explorarán formas de asegurarse que sus prácticas de enseñanza sean culturalmente responsivas, inclusivas e informadas por el trauma. Los participantes aprenderán estrategias para promover un personal efectivo, lazos interpersonales enriquecedores y responsivos, entornos de apoyo de alta calidad y apoyos sociales y emocionales enfocados. Adicionalmente, los participantes examinarán diferentes maneras de forjar relaciones y colaborar con las familias.

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